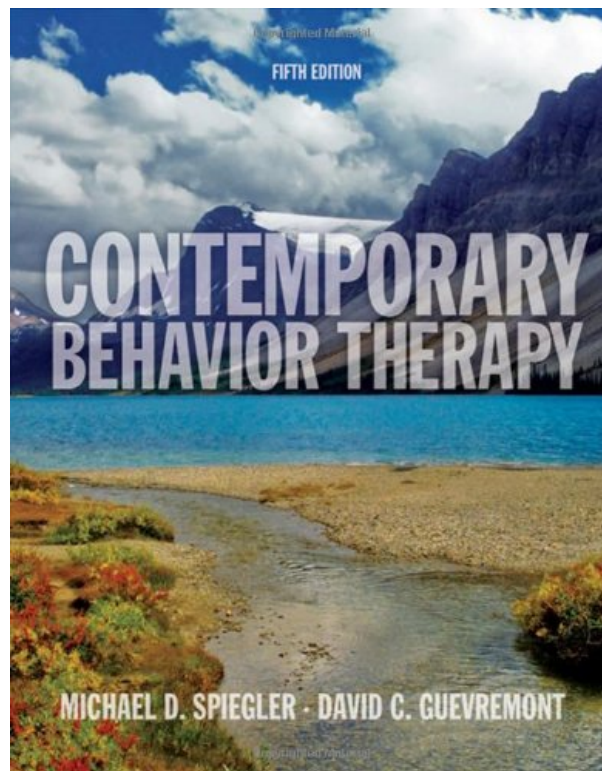
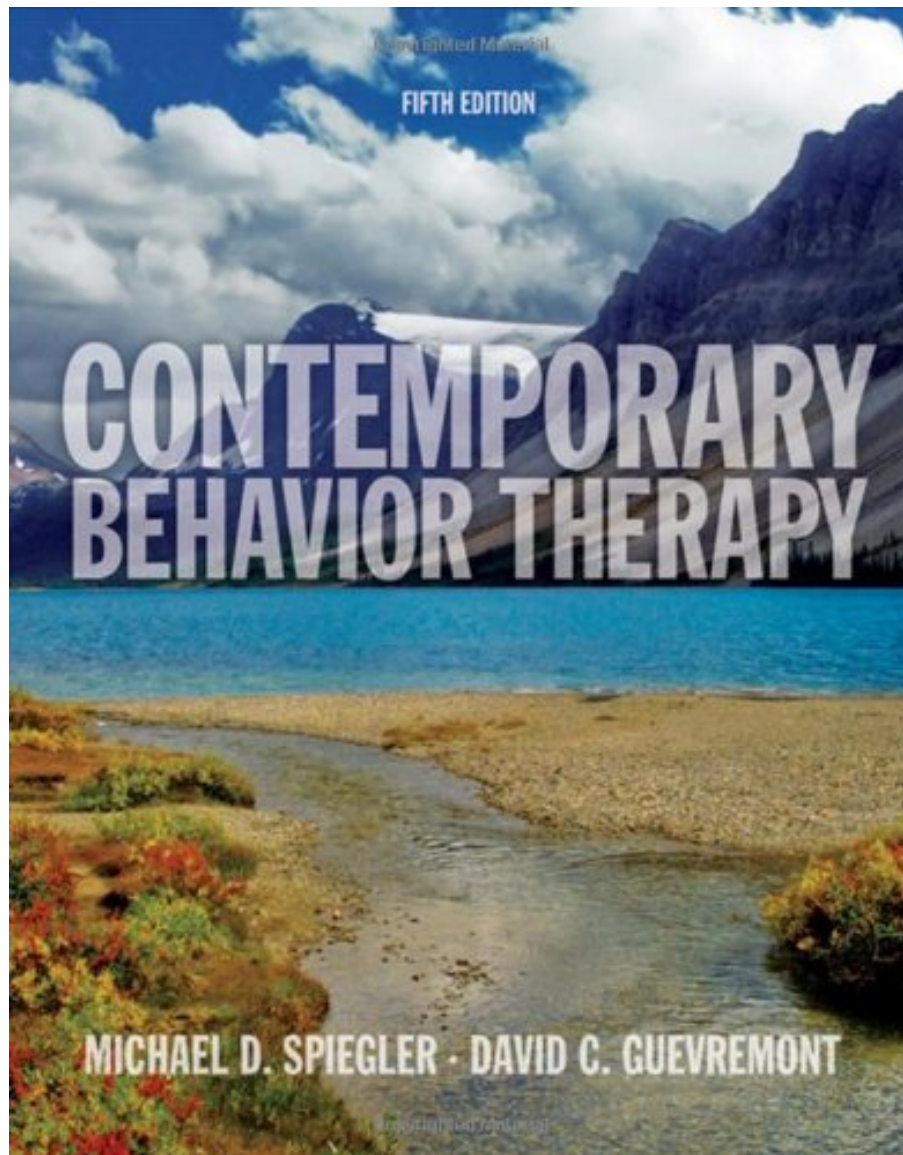


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Review

"It's the best behavior theory and technique book on the market."

"It is a superior work..."

"Extremely well-written, with a lively style that is likely to engage the interest of the reader. There are some very good case illustrations. The exercises are a definite strength and provide the student with firsthand experience in working with behavioral constructs... it is a text of first-rate quality."

About the Author

Michael D. Spiegler (Ph.D., clinical psychology, Vanderbilt University, 1969) has been director of the Community Training Center at the Palo Alto VA Hospital, was on the faculty at the University of Texas, Austin, and currently is Professor of Psychology at Providence College.

David C. Guevremont (Ph.D., child clinical psychology, West Virginia University, 1987) has been on the faculty of the University of Massachusetts Medical Center, in private practice, and presently is a clinical psychologist for the Woonsocket Education Department.

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This respected up-to-date survey of contemporary behavior therapy synthesizes the clinical, research, theoretical, and ethical facets of behavior therapy. It is simultaneously an introduction for beginning students and a scholarly review and resource for advanced students. The book is comprehensive, covering all the major behavioral and cognitive therapies. The wealth of case studies illustrate the application of behavior therapy techniques to a wide array of problems and clinical populations. The text's multidisciplinary approach includes applications to diverse fields, including psychology, education, social work, nursing, and rehabilitation.

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