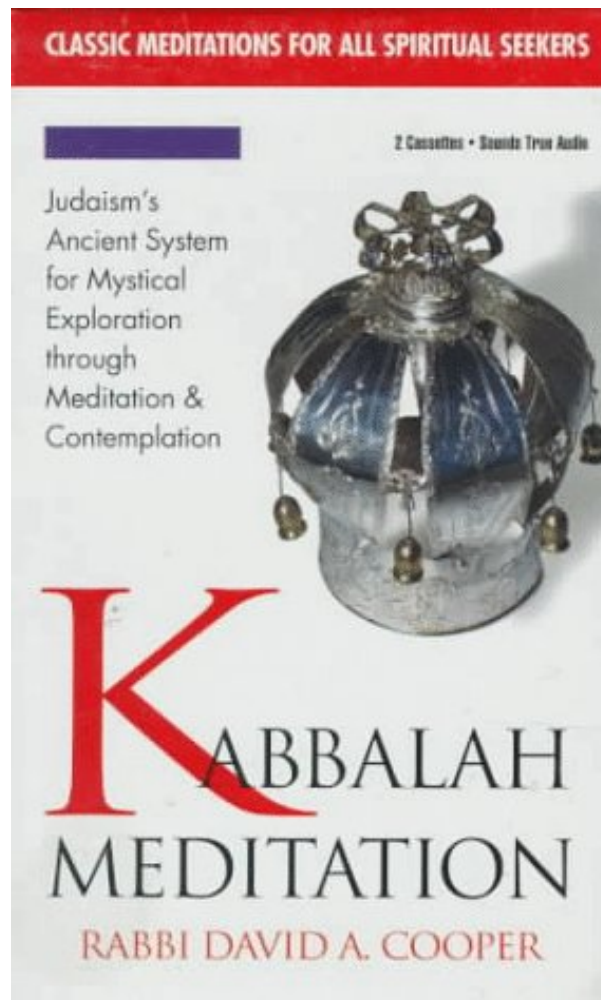


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Rabbi David Cooper has been called "one of today's leading teachers of Jewish meditation." He is an active student of the world's great spiritual traditions and the author of many books, including *Entering the Sacred Mountain*; *The Heart of Stillness*; *Silence, Simplicity, and Solitude*; and *Renewing Your Soul* . His most recent book is *God Is a Verb: Kabbalah and the Practice of Mystical Judaism*.

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Duplication

By Veronica 59

If you have read any of Cooper's other books or have any of his other CDs, then this is duplication of earlier published works.

13 of 13 people found the following review helpful.

Rabbi David Cooper is a real spiritual giant.

By Amazon Customer

I have followed Rabbi David Cooper teachings long before there was this kabbalah fashion initiated by Madonna, I find that Cooper is sincere, profoundly spiritual and extremely deep.

He can communicate profound spiritual truths, he can explain things that not even an Angel could explain to us

(and believe me: I am not exaggerating), things that we know are there, but, being territory of the soul, very seldom surface on our conscious intellects.

Well, Rabbi Cooper can put his finger right on the spot and explain with crystal clarity what is the exact mechanism that is initiating a certain phenomena in our spiritual universe.

With these meditations, which I find SUPERB, superior in every sense to those that Yehuda Berg has taught us (Yehuda Berg is Madonna's guru, so to speak) with these meditations, I was saying, you will easily learn means to investigate your soul and to communicate with the universe, in a profound and even fun way. The messages that you get in return, and you WILL get messages believe me, are very revealing, they will provide clarity to your inner journey and will help you immensely, by improving the very quality of your life: your mind will be less polluted, your inner self will be more still and strong.

By the way: I had the honor to speak on the phone with Rabbi Cooper, about 15 years ago: he has the voice of child, he gives me the impression to be a very pure man, a man with an oceanic heart, a true spiritual giant, even if his humility is as great as his soul.

2 of 2 people found the following review helpful.

Gives one Something to Think about ...

By Catherine Aster

This was so very informative in helping me understand how I was creating my own havoc in my life. Now I really try to think about situations before I react to them instinctly. And all around people notice me and I seem to be more approachable.....Wonderful Wake Up to changing my life for better in every way.

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